

# 20th World Sexual Health Congress



Choices staff were delighted to attend the recent 20th World Congress for Sexual Health held in Glasgow. Since its inauguration in 1978 The World Association for Sexual Health (WAS) has been the pre-eminent global organisation concerned with sexual health and rights. The UK have the highest teenage pregnancy rate in Western Europe and have increasing diagnosis of sexually transmitted infections. Thanks to generous sponsors, Choices, an Aberdeen charity who promote positive relationships and sexual health and provide free counselling to women facing pregnancy related crisis or grief were able to attend the Congress. Being represented at this prestigious event and hearing first hand the most recent research from around the world was advantageous for the charity. Choices have a special interest in sex and relationships education and therefore this was a welcome opportunity to learn from the experience of others. Joy Gillespie, Centre Manager said, 'The information gathered at the Congress will play a crucial role in the development of the resources and approach we take in promoting sexual health and positive relationships among young people in Aberdeen city.' Choices are looking forward to continuing their work in city schools and with Aberdeen Foyer in the new academic year.

